

# **FREE PARENTING CLASS**

For new parents and teen parents with children birth to 4 years.



**This 5 week parenting class will teach:**

- How to care for a new baby**
- Ages and Stages of Development**
- How to protect and teach your child**
- How to use non-violent discipline**
- Choices and Consequences**
- The Power of Encouragement**
- Bonding**
- Rules**



**CLASSES HELD IN THE MEDICAL BUILDING OF  
ST. CATHERINE  
HOSPITAL SUITE 202 CLASSES BEGIN  
THURSDAY 2/25/10 FROM  
4:30-5:30PM for 5 weeks.**

Classes Provided by  
Spirit of the Plains CASA  
310 E. Walnut Suite LL3

**To Register Contact Kelly Houser**  
**(620) 271-6197**



Finney County  
United Way



